



FET MEDICATION INSTRUCTIONS

On _____ / _____ / _____, please begin the following medications and follow all instructions:

- 1) Take Estrace 2mg 1 tab orally 1 x daily
- 2) Apply the Climara (Estradiol) Patch every other day.
(Each patch is individually sealed in a protective foil pouch)
 - Remove a patch from the foil pouch
(The actual patch is a see through plastic film attached to a plastic backing)
 - Apply the adhesive side of the patch to a clean dry area of your lower abdomen, below your belly button
 - Remove the patch every other day and apply a new patch alternating the site on your lower abdomen
- 3) Take your Prenatal Vitamin (once a day) and Folic Acid (once a day)(brand name: Folgard) by mouth.

* You will receive further instructions regarding your cycle 3 to 5 days prior to your transfer *