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WHAT TO EXPECT DURING YOUR ABORTION BY PILL VISIT

THANK YOU FOR CHOOSING DESERT STAR FAMILY PLANNING! You are the most important person involved in your health care and we welcome your participation. Nearly half of all American women will have an unintended pregnancy by the age of 45 – you are not alone. We strongly support your ability to decide what's best for you. We will treat you with excellent medical care and respond to your needs as best we can.

We will try to make your stay with us as comfortable and brief as possible. Most of our patients can plan to be here for approximately 2 hours. There is some waiting time between the stages of your medical work up and we advise you to read all the accompanying information while you're waiting.

PAYMENT

We require the entire fee be paid before the abortion. Payment must be made in either cash, money order, or credit card (Mastercard, Visa, Discover, and debit cards). Our fees include 600 mg Mifepristone, 400 mcg Misoprostol, Vicodin, a strong pain medication that you can take at home, an antibiotic to prevent infection, and an anti-nausea medication. You may have additional fees if the physician or medical staff find you need extra medications or testing (ie: Rhogam injection). If the abortion procedure is not performed due to patient request or physician advice, you will be responsible for payment of services rendered such as counseling, medications administered, and lab tests. All other fees will be refunded.

COUNSELING

You will meet with a counselor to discuss the abortion procedure, how to take care of yourself afterwards and any concerns you may have about your abortion. Legally we must obtain your written consent for the abortion. **An abortion will not be performed on any woman who does not want one, regardless of age.** The counselor will discuss birth control options and review your post-procedure instructions.

BIRTH CONTROL

We offer prescriptions for the birth control pill, patch, and ring, and provide Depo Provera birth control injection, Nexplanon contraceptive implant, and Mirena and Paragard IUD insertion to our patients after the abortion is finished. Please let a staff person know if you are interested.

PROCEDURE

Abortion by Pill is a 3 part process.

Visit 1: The first medication, Mifeprex, is taken in the office. This stops the production of pregnancy hormone and causes the pregnancy to detach from the uterine wall. Some women report a little nausea after taking Mifeprex, but most women don't report any side effects at all.

At Home Day 1 or 2: You will place 2 tablets of a second medication, Misoprostol, between your cheek and gums. Very strong cramping and heavy bleeding is a normal part of the process to pass the pregnancy from the uterus after taking the Misoprostol.

Visit 2: Approximately 2 weeks after you take the abortion pill you will return to the office to confirm that the abortion is complete.

See Abortion By Pill Take Home Instructions for information on how to take your medications at home and aftercare instructions.

REQUIREMENTS

Because of the risk of hemorrhage, on the day that you use the misoprostol pills, you must:

- Stay at home or in the home of someone who knows what is happening.
- Have a phone.
- Be within one hour of an emergency room.
- Have no other obligations including small children to care for.
- Have with you, or "on call," a support person who knows what is happening and who has a car.