
BOTOX CARE AFTER SURGERY

Please read the instructions below. Refer to these instructions for the next few weeks. These instructions provide you with general information on caring for yourself after surgery. Your caregiver may also give you specific instructions. While your treatment has been planned according to the most current medical practices available, unavoidable problems sometimes happen. If you have any problems or questions after you leave, please call your caregiver.

CONTACT INFO:

- If it is during business hours (8:00 am - 4:00 pm), please call the office: **213-742-6400**
- If it is after business hours or on a weekend, please call **213-742-6400** and the operator will be able to assist you and contact the physician.

FOLLOW UP APPOINTMENT:

-One month after post surgery as previously provided to you in the office or earlier if instructed by the physician.

WHAT TO EXPECT:

- You may have vaginal bleeding or spotting for up 4 weeks after surgery.
- You may have some pelvic cramping or pain for 4 weeks after surgery.
- Healing will take time. You will have discomfort, tenderness, swelling, and bruising at the operative site for a couple of weeks. This is normal and will get better as time goes on.
- After anesthesia: Possible side effects include drowsiness, dizziness, or inability to think clearly. For your safety, do not drive, drink alcoholic beverages, take any unprescribed medication or make any important decisions for 24 hours. A responsible adult should be with you for 24 hours.
- You may notice some blood in your urine for 1 week.

ACTIVITY:

- **Nothing in the vagina for 2 weeks - no sex, tampons, douching.**
- Showers and bathtubs are okay.
- Do not drive for the first 24 hours after surgery or while taking narcotic pain medications (such as Percocet, Vicodin).
- You may eat a regular diet. Take stool softeners such as Colace, Milk of Magnesium, Miralax as needed.
- Drink lots of fluid daily after surgery.
- Take your temperature daily and call your doctor if you develop a fever > 100.4 F or 38 C
- Try and have someone help you at home for at least the first 24 hours, the first week after surgery if possible.
- You may return to work as instructed by your doctor.



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WOUND CARE:

- You have no external wounds.

PAIN MEDICATIONS:

- Take pain medications as prescribed.
- **Avoid aspirin.** It can cause bleeding.
- **Do not drive** when taking narcotic pain medications.
- Narcotic pain medications can cause constipation. Take stool softeners such as Colace, Milk of Magnesium, Miralax as needed.

CALL YOUR DOCTOR IF:

- You are unable to urinate in 6 hours.
- You notice a bad smell from your urine
- You have pain, redness, and swelling from the IV site.
- You feel dizzy or feel like fainting.
- You develop pain when you urinate.
- You develop nausea, vomiting, or diarrhea.
- You develop heavier vaginal bleeding or abnormal vaginal discharge.
- You develop a rash.
- You have any type of abnormal reaction or develop an allergy to your medication.
- You need stronger pain medication for your pain.

SEEK IMMEDIATE MEDICAL CARE:

- You develop a temperature of 100.4° F (38° C) or higher.
- You develop abdominal pain.
- You develop chest pain or shortness of breath.
- You pass out.
- You develop pain, swelling or redness of your leg.
- You develop heavy vaginal bleeding with or without blood clots soaking > 1 pad per hour.