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**QUESTIONNAIRE FOR Pain-Numbness-Weakness**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Please check "one" symptom that is most severe and important to you

- Pain
- Numbness
- Weakness

When did the symptom start? \_\_\_\_\_ Days ago \_\_\_\_\_ weeks ago \_\_\_\_\_ months ago \_\_\_\_\_ years ago

Which side?

- Right
- Left
- Both sides:  right more than left  left more than right  the same bilaterally.

Where:  Neck  Upper Extremity  Back  Lower Extremities

Does the symptom radiate down the arm?

- No
- Yes, where? From \_\_\_\_\_ radiating down to \_\_\_\_\_

Recently how severe has the symptom been?

- Varies
- mild
- moderate
- severe

How frequent has the symptom been?

- Constant
- Frequent: \_\_\_\_\_ times/ day;
- Occasional: \_\_\_\_\_ times/ week;
- Infrequent: \_\_\_\_\_ times/ month;
- Rare: \_\_\_\_\_ times/ year.

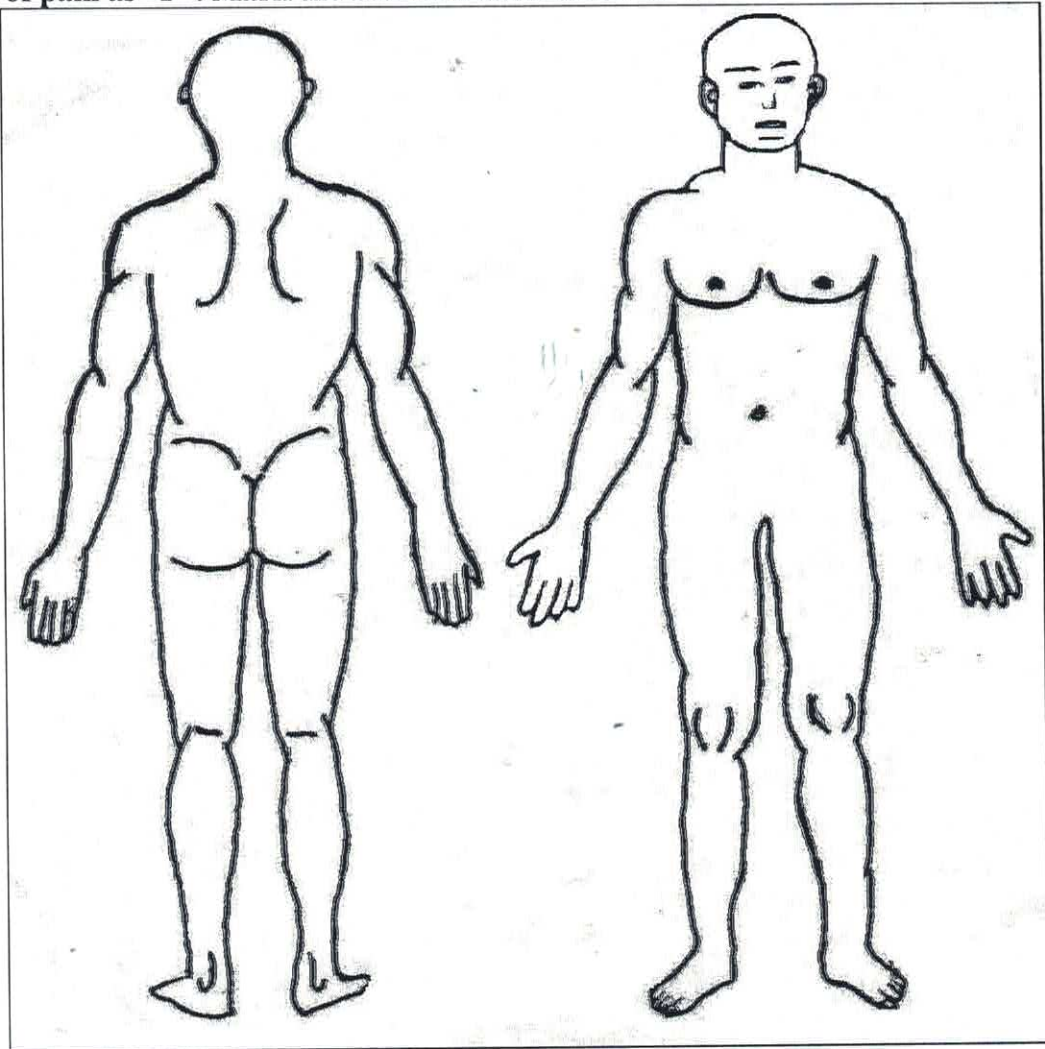
How long does the symptom usually last?

- Varies
- constant
- \_\_\_\_\_ minutes
- \_\_\_\_\_ hours
- \_\_\_\_\_ days

## PAIN/ NUMBNESS BODY DIAGRAM

Where is the pain? Please mark on the body figure below.

Mark the area of pain as "P". Mark the area of numbness as "N".



Please use the following space to provide additional explanation:

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## WEAKNESS BODY DIAGRAM

**Where is the weakness? Please mark the locations and weak movements:**

**On the left side:**

- Neck:  bending down;  bending backward;  tilting to the side
- Shoulder:  pushing out arm to the side;  moving up arm above horizon;  pulling arm forward;  
 Pushing arm backward;
- Arm/elbow:  bending up elbow/forearm  straightening out elbow/forearm Forearm/wrist:  
 Cocking-up the wrist;  pushing down the wrist.
- Bend Fingers:  hand grip;  thumb,  2<sup>nd</sup>,  3<sup>rd</sup>,  4<sup>th</sup>,  little finger.
- Extend Fingers:  All;  thumb,  2<sup>nd</sup>,  3<sup>rd</sup>,  4<sup>th</sup>,  little finger

**On the right side:**

- Neck:  bending down;  bending backward;  tilting to the side
- Shoulder:  pushing out arm to the side;  moving up arm above horizon;  pulling arm forward;  
 Pushing arm backward;
- Arm/elbow:  bending up elbow/forearm  straightening out elbow/forearm Forearm/wrist:  
 Cocking-up the wrist;  pushing down the wrist.
- Bend Fingers:  hand grip;  thumb,  2<sup>nd</sup>,  3<sup>rd</sup>,  4<sup>th</sup>,  little finger.
- Extend Fingers:  All;  thumb,  2<sup>nd</sup>,  3<sup>rd</sup>,  4<sup>th</sup>,  little finger.

**Please also circle the location and weak movements in the figure below:**

