

photo by ANDREW ANDREOZZI

SculpSure

YOUR BODY & BOOST YOUR CONFIDENCE

by DR. RICHARD DITTRICH

you're standing in that cubicle staring at the person in the mirror. The lighting is harsh. The mirror must have been recycled from the carnival fun house. You shake your head in disbelief. That person staring back really *can't* be you!

Swimsuit shopping. The most dreaded of all shopping events. No matter how you twist, turn or suck it in, there always seems to be an extra bulge that can't be covered up. An old song about an "itsy bitsy teeny weeny bikini" starts playing in your head. Could wearing a blanket actually be a backup plan?

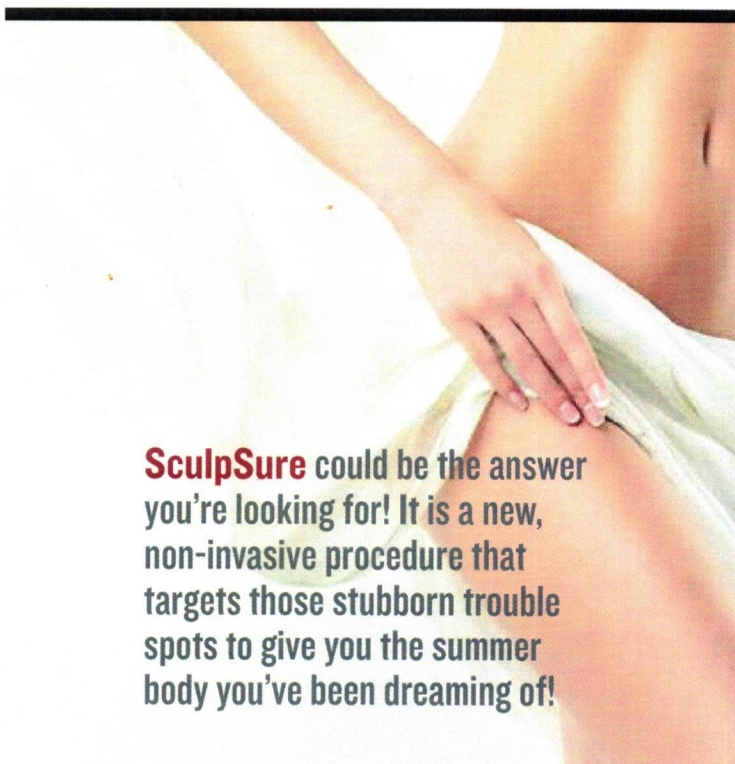
Summer is here. It was easy to hide the extra pounds under sweats and comfy sweaters but there's no place to hide the extra you in your summer wardrobe. It's time for a plan.

Dieting is an option but it's a difficult commitment to make

when the fun food (and drinks!) of summer tempt us on a daily basis. Cutting calories is one way to change the scale but toning is better if you want to look good in that skimpy bathing suit.

Exercise is essential. It will enhance weight loss and "sculpt" your figure to put curves back where they belong. Find an exercise that you enjoy and make it part of your day. Ask a friend to join you. Cheering each other on will keep you motivated.

Do you have a trouble spot that just won't budge no matter how hard you try? Jiggly upper arms? A belly bulge? Thighs that touch?



SculpSure could be the answer you're looking for! It is a new, non-invasive procedure that targets those stubborn trouble spots to give you the summer body you've been dreaming of!

Most of us have at least one area that is resistant to the most intense workout regime. You look great everywhere except "there." Vacation is approaching quickly. You have to do something FAST!

SculpSure

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What is SculpSure?

SculpSure is a light-based body contouring treatment that can destroy up to 25 percent of treated fat in one 25-minute procedure. Forty percent of treated fat is destroyed with two procedures! This FDA-approved treatment heats fat cells under the skin, causing them to break down. The damaged fat cells are eliminated from the body naturally through the lymphatic system. Once the fat cells are removed from your body, they cannot regrow.

SculpSure is painless. Fat cells are destroyed by a light source. Contact cooling remains on the skin throughout the procedure to keep the skin safe and comfortable. Clients report feeling a warm, tingling sensation that is well-tolerated. You can easily relax with a book or get

some work done on your laptop during the 25-minute treatment.

There is no "down time" with *SculpSure*! Schedule your treatment during your lunch hour. It's much more relaxing than a workout. And you can go back to living your life without aching muscles!

Results for *SculpSure* treatment can be seen as early as 6 weeks after treatment. As your body continues to destroy and eliminate fat cells, you will continue to see the lasting results. Optimal results are usually seen at 12 weeks post treatment. This is important to consider when scheduling *SculpSure* treatments before an important event or a vacation.

Professional Aesthetics and Wellness Center is proud to have been the first facility to offer *SculpSure* in South Philadelphia. We are the local experts in this exciting new body toning procedure. We welcome you to stop in and speak with Dr. Dittrich and our staff to learn more about *SculpSure* or any of the many aesthetic services that we provide. At *Professional Aesthetics and Wellness Center*, we want you to LOVE the way life looks on you! PRH

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