



T A M P A B A Y
B O D Y S C U L P T I N G

Preoperative Instructions: Please refer to this guide as a checklist as you approach your scheduled surgery date. If you are unable to comply with these instructions, you must notify our office as soon as possible. As a result, your scheduled surgery may be postponed temporarily or permanently.

Medications: There will be 3 medications called into your pharmacy the Friday prior to your surgery: an Antibiotic, a Pain Reliever, and a Sedative. Please start the antibiotic 24 hours prior to surgery and continue as directed. Please bring **ALL** medications to surgery.

Please stop the use of the following medications 2 weeks prior to surgery: Aspirin and medication containing Aspirin, Ibuprofen and anti-inflammatory agents, Fish Oil, FlaxSeed, Vitamin E, GreenTea, St John's Wort, Omega3, and all other medications listed on attached sheet.

Supplies needed at home before surgery: Sterile Gauze: 4x4, Surgical tape, Bandages, Waterproof Bandages, Antibiotic Ointment- Neosporin, Arnica Cream or Gel (for bruising and pain), Extra Strength Tylenol or Motrin (post op only), Ice Packs, and Maxi Pads for incision sites.

1-2 Weeks Prior to Surgery: Drink plenty of fluids and **stop smoking** at least 2 weeks prior to surgery. Smoking can greatly impair your ability to heal. You must also be free of any nicotine patch or nicotine- based products at 2 weeks prior to surgery. Please advise our office of any serious illnesses or changes in your health **IMMEDIATELY**. **Preoperative Testing:** Make certain to schedule all preoperative testing and clearance that has been advised by doctor ahead of time. **Fat Transfer Instructions:** If you are having fat transferred to the buttocks, breast, or face please keep in mind that you will NOT be able to compress that area nor be able to sit with weight on that area for 4 weeks following surgery. We advise the use of the Brazilian Butt Lift pillow for BBL. Please Plan for someone to help assist and care for you at least 24 hours following your scheduled surgery. **Avoid Sun Exposure:** Sun damaged skin can produce a higher risk of irregular scars and/or cause pigmentation irregularities following surgery. **Relax:** Please make sure to relax. Stress and anxiety can affect the surgical process. Although anxiety is common, any serious stress or distress over the thought of surgery must be discussed with our doctor and staff prior to your scheduled surgery. Our staff is here to support you and answer any questions or concerns that you may have.

1 week prior to surgery: Please confirm your day of surgery plans. This includes your means of transportation and after-care help. Review your prescription orders and instructions. Purchase medical supplies prior to surgery date. Confirm all lab results if you were advised by Dr. to have tests taken. Confirm all paperwork. NO smoking or alcohol intake. Relax- Please call our office for any questions or concerns leading up to your scheduled surgery.

Surgery Day: Please bring the following with you to surgery: all medications you are currently taking, your post surgical garment, and a form of ID. Do not wear jewelry, body piercings, or nail polish/acrylic nails. Please wear comfortable, clean, loose-fitting clothes. Do not wear jeans or any tight fitting clothing. (If you use the following, take blood pressure medication and beta-blockers in the morning). **Eat a light meal prior to surgery.**

Medications To Avoid Prior To Surgery

4- way Cold Tablets Aspirin Tabs A.S.S. Enseals Aspirin X-Strength Tabs A.S.S. Tablets Aspirin X-Strength Tabs Aches-N-Pain Aspirin Tabs Acoda #3 Aspitab Addaprin Asprtab Max Strength Adlevika Axotal Tablets Advil Adzone Tablets Advil Cold & Sinus Caplets Back-Quell Advil Ibuprofen Tablets and Caplets Bayer Aspirin Tablets Advil Suspension (Children's) Bayer Children's Aspirin Aleve Tablets Bayer Aspirin Max. Strength Caplets Alka-Stelzer (flavored) antacid Bayer Aspirin Max. Strength Tablets Alka-Stelzer (flavored) antacid and pain reliever Bayer Children's Cold Tablets Alka-Stelzer Effervescent antacid and pain reliever Bayer Aspirin (Therapy) Caplets Alka-Stelzer Effervescent Tablets Bayer Time-Release Aspirin Tablets Alka-Seltzer Extra Strength BC Cold Powder Non-Drowsy Formula Alka-Seltzer Plus Cold Medicine Tablets BC Powder, Arthritis Strength Anacin Arthritis Formula BC Tablets and Powder Anacin Coated Analgesic Tablets Buf-Tabs Anacin Coated Analgesic Caplets Buff-A Comp No. 3 Tablets (Codeine) Anacin Maximum Strength Analgesic Tablets Buff-A Comp Tablets and Capsules Anacin Tablets and Capsules and Caplets Buffaprin Tablets Anaprox Tablets Buffasal Anaprox DS Tablets Bufferin Analgesic Tablets and Caplets Anodynos Tablets Bufferin Tri-buffed Tabs Ansaid Tablets Bufferin, X-Strength Tri-Buffered Aqua Mephyton Amps (Vitamin K derivative) Bufferin, Arthritis Strength Argesic Tablets Bufferin with Codeine No. 3 Tablets Arthralgen Tablets Buffets II Tablets Arthritis Pain Formula Tablets Buffinol Tablets Arthritis Strength Bufferin Tablets Butalbital Compound Tabs Arthritis Strength Bufferin Analgesic Caplets Butazolidin Caplets Arthropan Liquid Butazolidin Tablets Arthrotec Tablets Came Arthritis Pain Reliever Ascriptin A/D Caplets Carisoprodol Comp.(Soma) Ascriptin A/D Tablets Celebrex Capsules Ascriptin with Codeine Tablets Clinoril Ascriptin X-Strength Caps Codoxy Tabs Asperbuf Tablets Congesprin Chewable Tablets Aspergum Cope Tablets Aspercreme Coricidin D. Decongestant Tablets Aspirin Uniserts (Rectal) Coricidin Tablets Aspirin 15gram Delayed Release Tablets Cosprin Tablets Aspirin 800mg Tablets Cosprin 325 Tablets Aspirin 800mg SR Cosprin 650 Tablets Aspirin and Codeine Phosphate Tablets Coumadin CP-2 Tablets Halprin Damason-P Haltron Tab Darvon Compound Pulvules Hep-Lock Darvon Compound-65 Heparin Darvon with A.S.A. Pulvules Ibufen-200 Dasin Capsules Ibuprin Daypro Caplet IBU-TAB Ibuprofen Tablets Diflunisal Tablets Ibuprofen Tablets Dinol Tablets Idenal Tab Dimetapp Sinus Caps Indocin Sup./Oral Suspension/SR Capsules Disalcid Tablets/ Capsules Indomethacin Caplets Doan's Pills Isollyl Improved Capsules Dolobid Tablets Ketoprofen Double-A Tablets Lanorinal Tablets Dristan Sinus Caplets Listerine Dristan

Menthol Iodine Caplets Duoprin Capsules Iodine Tablets Duoprin-S Syrup Lortab ASA Tablets
Duradyne Tablets Magan Tablets Easprin Tablets Magnaprin Arthritis Strength Tab
EC-Naprosyn Delayed Release Tablets Magsal Tablets Ecotrin Duentric Marnal Capsules
Ecotrin Max. Strength Duentric Maximum Bayer Aspirin Ecotrin Enteric Coated Aspirin
Maximum Strength Maximum Strength Arthritis Pain Formula(Anacin) Ecotrin Enteric Coated
Aspirin Regular Strength Tab Maxiprin-15 Ecotrin Tablets McNess Pain Tabs Efficin Tablets
Measurin Tablets Elderly Mecofenamate Capsules Emagrin Tablets Mefenamic Acid Empirin
Tablets Meclomen Caplets
Empirin with Codeine Tablets Medipren Ibuprofen Caplets and Tablets Enteric Coated ASA
Menadol- IB Equagesic Tablets Megaprin Equazine- M Tabs Mephyton Tablets (Vitamin K)
Excedrin Extra-Strength Analgesic Tablets and Caplets Mepro- Analgesic #2 Excedrin Tablets
and Caplets Meproamate and Aspirin Tablets Feldene Caplets Methocarbamol with Aspirin
Tablets Fenoprofen Tablets Micrainin Tablets Fiogen Tablets Midol Caplets Fiorinal Capsules
Mobidin Tablets Fiorinal Tablets Mobigesic Tablets Fiorinal with Codeine Mobisylcreme
Flexeril Momentum Muscular Backache Formula Fortabs Tablets FungiCure Motrin (All Motrin
Products) Gaysai-S Tablets Motrin (Children's) Gelpirin Tablets Myofluxcreme Gemnisyn
Tablets Nabumetone (Relafen) Genacote Nalfon Caplets/Capsules, Genacote Max. Strength
Nalfon Tablets General Naprelan Tablets Genprin Film- Coated Tab Naprosyn Susp. Gensan
Naprosyn Tablets Goody's Headache Powder Naprosyn Sod. Tablets, Goody's X-Strength Tabs
Naprosyn Sod. Tablets Naproxen Tablets Neocylate Tablets Norgestic and Norgestic Forte
Tablets Norgestic Forte Tablets Norwich Extra Strength Aspirin Norwich Aspirin Tab Nuprin
Ibuprofen/Analgesic Tablets & Caplets Nuprin Orudis Orphengesic Os-Cal-Gesic Tablets
Oruvail Capsules Pabalate- SF Tablets Pabalate P-A-C Revised Formula Pain Reliever Tabs
Pamprin Max. Pain Relief Caplets PediaProfen Suspension Pepto-Bismol Tablets and
Suspension Percodan and Percodan-Demi Tablets Persistin Tablets Phenylbutazone Ponstel
Kapseals Propoxyphene HCl/Aspirin Formula Propoxyphene Compound- 65 Relafen Tablets
Regular Strength Ascription Tablets Robaxisal Tablets Rowasa (5-ASA) Roxiprin Rufen Tablets
S-A-C-T Tablets Saleto Tablets Salicysal Salocol Tablets Sine-Off Sinus Medicine
Tablets-Aspirin Formula SK-65 Compound Capsules Sloprin Soma Compound Tablets Some
Compound with Codeine Tablets
St. Joseph Aspirin for Children St. Joseph Cold Tablets for Children, St. Joseph's Adult
Chewable Aspirin Caps Stanback Tablets and Powder Salflex Tablets Sulindac Supac Tupac
Tablet Surasal Tablets Synalgos Capsules Synalgos-DC Capsules Tablets and Caplets Talwin
Compound Talwin Compound Tablets Tenstan Tablets Ticlid Tolectin DS Caplets/Tablets
Tolectin Tolmetin Tablets Tolmetin Caplets Toradol IM Toradol Tablets/IM Injections
ToradolSyrup Triaminicin Tablets Tricosal Tri-gesic Trilisate Tablets/Liquid Uracel-5 Ultraprin
Valprin Uvsinus Inlay Tabs Verin Vanquish Caplets Voltaren Ophthalmic Sol. Voltaren
Tablets/X-R Tablets Yutopar Tablets Vioxx Any over-the-counter cold medications

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