

PREGNANCY FOLLOW UP ULTRASOUND

OVERVIEW: The sonographer examines the fetal heart rate (FHR), placenta grade, fetal position, fetal size, amniotic fluid index (AFI), and re-evaluation of organ systems suspected or confirmed to be abnormal on previous scan.

PREPARATION: For this exam, the patient needs to drink 16 ounces of water 1 hour prior to the exam. Patient cannot void until AFTER the exam.

Filling the bladder prior to the exam aids in the visualization of the placenta in relation to the cervix.

This test can rule out and diagnose a number of problems such as (not limited to):

- Fetal presentation-breech, transverse, and vertex
- Determine the placenta age
- Reevaluate abnormal finding on antenatal screening—most common examples—Pylectasis (fetal renal dilation), bone abnormalities, polyhydramnios/oligohydramnios, organ abnormalities, choroid plexus cysts (cysts on the brain) and so on.
- Examine fetus for excessive or poor growth
- Determine the amount of amniotic fluid by measuring 4 quadrants of the gravid uterus and giving an Amniotic Fluid Index (AFI)-oligohydramnios (too little)/polyhydramnios (too much fluid)

The reason for the test will depend on your symptoms.

THIS ULTRASOUND WILL TAKE ABOUT 20-40 MINUTES AND THE REPORT WILL BE BACK TO YOUR ORDERING PHYSICIAN WITHIN 24-48 HOURS.