## **Patient**Portal

## **Getting Started**

#### For Patients

#### **What is the Patient Portal?**

Step 1 – Activate your account

Step 2 – Log in to the platform

Step 3 – Complete your account information

Step 4 – Manage your health record

Step 5 – Check your messages

Step 6 – Schedule an appointment

Appendix A – How do family plans work?

#### What is the Patient Portal?

The Patient Portal helps healthcare providers communicate, document and interact with their patients in-person and online.

This technology frees providers to spend more time doing what they do best: care for patients. It's a better way of delivering care and doing business.

As a patient, there are multiple advantages to using the Patient Portal, which include accessing your medical record online, making appointments and communicating with your provider through secure messaging, live chat and videoconference.

Do not hesitate to contact your provider if you have questions about your account.

#### Please keep in mind...

- For emergencies, immediately call 911
- For urgent medical matters, call your physician
- You can always communicate with your care provider by phone even if you have a Patient Portal account
- Contact the Patient Portal team if you need further assistance with using the platform: info@portalconnect.net

Go to Step 1 – Activate your account

If you are already logged in to the platform but have not subscribed to a plan, skip to Step 2.3.

If you have already subscribed to a plan, skip to step 2.6.

### Step 1

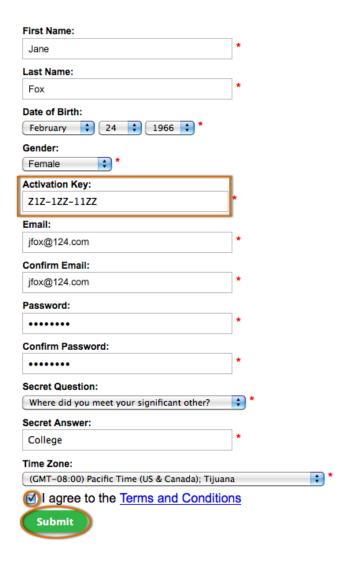
# Activate your account

Welcome to the Patient Portal! Before you can log in to the platform, you must have a username and password. Follow the next steps to enable your account, using your activation key.

**1.1** Go to your provider's website and click the *Create Account* link to complete the form.



- 1.2 Complete the secure form. All fields marked with an asterisk are mandatory. Enter the code your provider gave you in the *Activation Key* field. The information you enter will be updated to your existing account, as created by your provider.
  - Your password must contain 6 to 12 characters, including at least 1 number and 1 letter.



Once you have filled out all fields, you must agree to the *Terms and Conditions* by selecting the *checkbox*.

Click the *Submit* button to activate your account.

Continue to Step 2 – Log in to the platform

## Step 2

## Log in to the platform

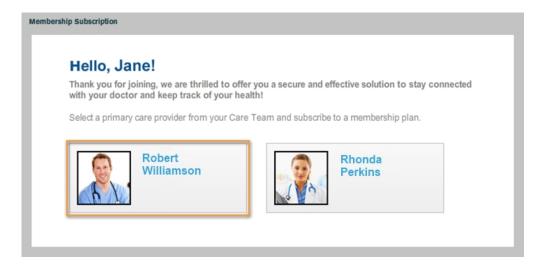
- 2.1 To log in to your personal Patient Portal homepage, enter your username and password and click Log in.
  - When first logging in, the *Username* is the email address you have provided.



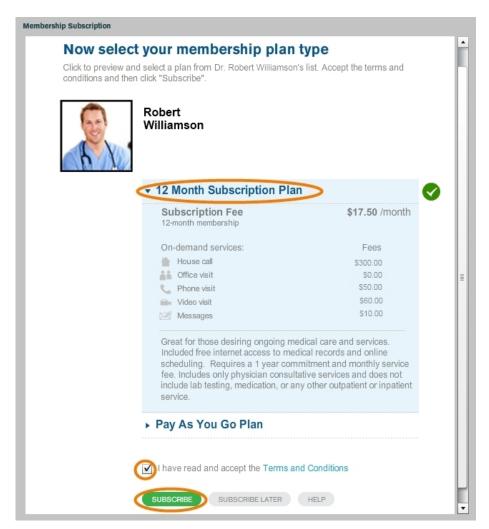
You are redirected to your Patient Portal homepage.

2.2 When you first log in, some of the following screens will appear depending on the information the provider entered in the account creation process.

If you are not already subscribed to a membership plan and if there is more than one provider on your care team, you must first select the provider with whom you want to subscribe to a plan.

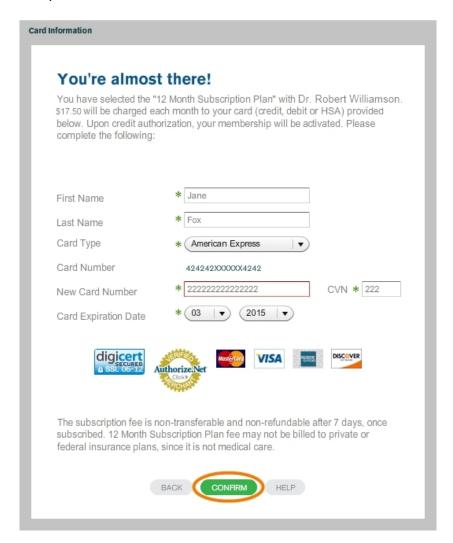


- **2.3** Once you have selected your provider or if there is only one provider on your care team, the *Membership Subscription* screen appears:
  - Click a plan to view its details and select it;
    - If your provider offers a family plan ( ) and some of your family members are also patients of this provider, you may want to take advantage of such a membership. Go to *Appendix A How do family plans work?* to learn more about family plans.
  - Read the Terms and Conditions and then select the checkbox;
  - Click the Subscribe button.
  - Though some features of the Patient Portal are available at no cost (such as receiving messages from your provider and viewing appointments), access to others may not be available if you have not subscribed to a membership plan.

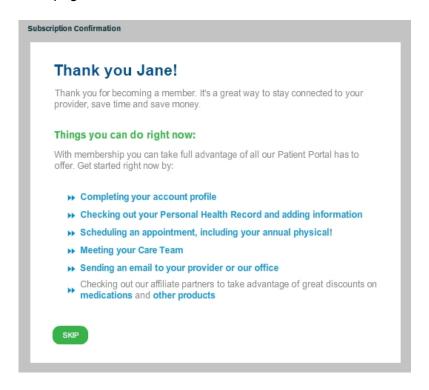


**2.4** If your provider has not already entered your payment information or if the plan you are subscribing to includes fees, the *Card Information* screen appears.

Complete the form and then click Confirm.



2.5 Once your subscription is completed, you can follow the instructions of the Confirmation screen or click the Skip button to enter your Patient Portal homepage.



#### **2.6** On your Patient Portal homepage, follow the tips displayed onscreen:

- Send a secure message or contact your provider
- Schedule an appointment
- Manage your Personal Health Record (PHR)

#### Welcome back, Jane!

You can save time, save money, and live well! From anywhere at any time:

- >> Send a secure message or contact your provider
- >> Schedule an appointment
- Manage your Personal Health Record
- >> Check out our affiliate partners to take advantage of great discounts on medications and other products

Continue to Step 3 - Complete your account information

## Step 3

## Complete your account information

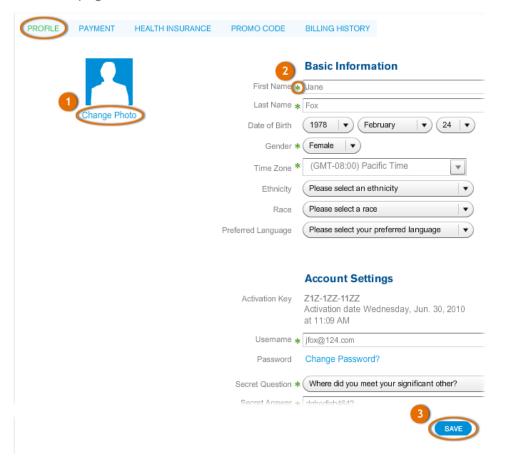
Your Patient Portal account is the section where you can complete your contact information, as well as data on payment, and your health insurance.

Your provider, who created your account, already entered part of your profile information in the process.

- Please take the time to review and complete your profile.
- **3.1** Click *Account* at the top of the screen.



- 3.2 In the *Profile* section, you can view and edit your personal profile information.
  - Please take the time to validate the information that is currently displayed in this page.



- 1- Click the *Change Photo* link to upload your picture to your profile;
- 2- Review the data entered by your provider (if applicable) and complete all required information. Required fields are represented by an *asterisk*;
- 3- Click Save when you have finished completing your profile.

Continue to Step 4 – Manage your health record

### Step 4

## Manage your health record

In your health record, you can enter/view information regarding medical conditions and medications. You can also share documents with your provider in the *Library* section.

If your provider created your account, he or she may already have entered information in your health record.

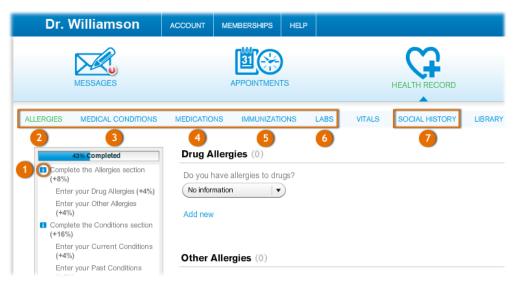


Please take the time to review and complete your health record. Access to your health record may not be available if you have not subscribed to a membership plan.

**4.1** Click *Health Record* at the top of the screen.

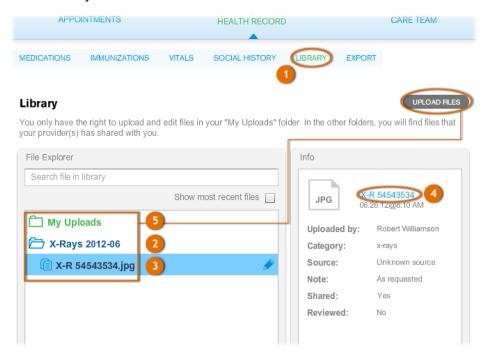


- **4.2** In your health record, you can view and/or edit medical information such as allergies, medical conditions, medications, immunizations, labs, vitals and social history.
  - Please take the time to validate the information that is currently displayed in all sections of your health record.



- 1- You can follow the *tips* to complete your health record;
- 2- In the Allergies section, enter and edit your allergies. You can indicate whether or not each allergy is still active;
- 3- In the *Medical Conditions* section, enter and edit your past and present medical problems, as well as the procedures you have had. You can update your family tree in the *Family History* area at the bottom of this section:
- 4- In the *Medications* section, enter and edit your past and present medications. Also, you can specify alternative medications and therapies;
- 5- In the *Immunizations* section, enter and edit your vaccines;
- 6- In the *Labs* section, you can review your lab results;
- 7- In the *Social History* section, enter and edit all types of habits that apply to your lifestyle.

**4.3** In your health record, you can also view documents that your provider has shared with you.



- 1- Click the *Library* menu to display the section that contains your documents;
- 2- Folders that your provider shares with you are displayed in blue. Click a folder to view its content. You cannot edit files that have been uploaded by your provider;
- 3- Click a *file* to display its details in the *Info* section to the right;
- 4- Click the *file's title* in the *Info* section to open it in the *Library*'s document viewer;
- 5- All files that you upload to your library yourself are placed in the *My Uploads* folder. You can only edit files that are located in this folder.

Continue to Step 5 – Check your messages

### Step 5

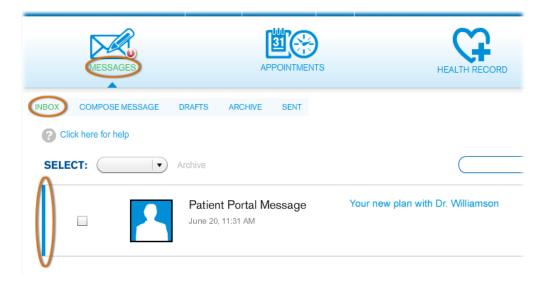
# Check your messages

The Patient Portal offers a secure message section where you receive messages from the system and your provider. Using this tool, you can communicate with your provider efficiently and securely.

- Patient Portal Messages include confirmations when you subscribe to your provider's membership plans.
- **5.1** Messages you receive from your provider are in your *Inbox*, in the *Messages* menu.

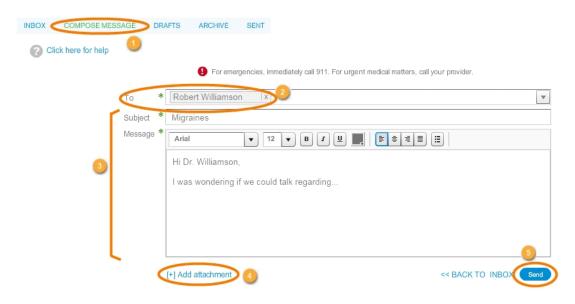
You can see that you have unread messages directly on the *Messages* menu [ ] and, in your *Inbox*, by the *blue bar* to the left of the message.

Click in the row of a message to read its contents.



#### Send a secure message to your provider

- 5.2 After you have subscribed to your provider's membership plan and updated your account and health record information, you may want to communicate with him/her using our secure message system.
  - Please remember that you should always dial 9-1-1 in case of emergency.



- 1- Click the Compose Message link;
- 2- In the *To* field, type the first letters of your provider's name and select him/her in the menu that appears;
- 3- Enter your Subject and Message;
- 4- You can append a document to your message by clicking Add attachment and then choosing a file from either your computer or your Patient Portal library;
- 5- Click Send to transmit the message to your provider.

Continue to Step 6 – Schedule an appointment

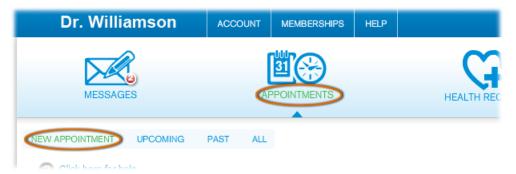
# Step 6 Schedule an appointment

By now, you should have completed the following steps:

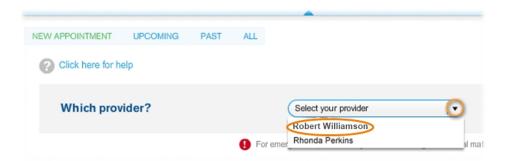
- You have subscribed to your provider's membership plan;
- You have reviewed and completed your account information;
- You have reviewed and completed your health record;
- You know how to communicate with your provider using our secure message service;

You are ready to schedule an appointment with your provider.

**6.1** Click the *Appointments* menu. The *New Appointment* section is displayed by default.



- **6.2** Click the *arrow button* on the *Which provider?* menu to display the list of providers who are part of your team. Select a *provider*.
  - If you are the owner of a family plan, a Who is it for? menu will precede the Which provider? menu, so you can select the participant for whom you are booking the appointment.



**6.3** Next, you have to select the options of the *What kind of visit?* section.



- 1- Select an appointment category (if applicable);
- 2- Select an appointment type;
- 3- Select your membership plan.
- Some options might be selected by default in these menus and the appointment category menu might not be displayed, depending on your provider's appointment settings and the number of plans you are subscribed to.

**6.4** To schedule an appointment based on the visit type you have selected, in the *When?* section:

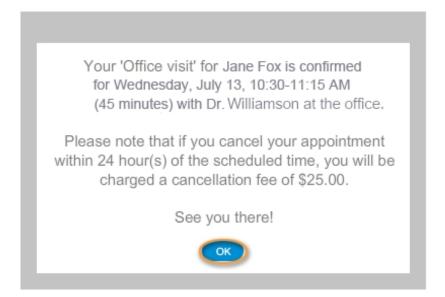


- 1- Click the *Find next available appointment* link to select the closest appointment based on your provider's availabilities;
- 2- You can also choose your *appointment date* by clicking a day on the calendar. You will not be allowed to select dates on which your provider is unavailable;
  - Available dates are represented in blue. Unavailable dates are dimmed.
- 3- Select the time of your appointment if you have not already selected it by clicking Find next available appointment;
- 4- The *date and time* you have selected for your appointment appear below your selection.

#### **6.5** To finalize the booking of your appointment:

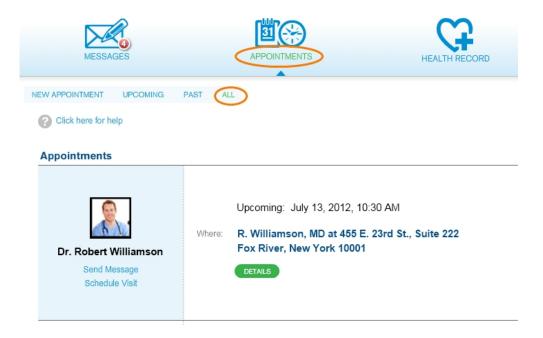


- 1- Enter the reason for your appointment request in the Reason for visit? box;
- 2- Click Add attachment to append a file to your request (optional);
- 3- Click the Schedule button to submit your appointment request.
- Some providers charge a fee for certain types of appointments on the Patient Portal. If you have scheduled a visit type for which there is a fee, a screen will appear to explain the pre-authorization process. Also, if you have not yet provided your card information (credit, debit or HSA) at this stage, a *Payment Information* screen will appear for you to enter that information.
- **6.6** After clicking *Schedule*, a detailed appointment confirmation appears. Click *OK* to close this screen.



You are redirected to your Patient Portal homepage where you can review your appointments.

6.7 You can view all your appointments by clicking the A// section in the Appointments menu.



Continue to 'Appendix A - How do family plans work?' to learn more about family subscription plans and the addition of participants.

# Appendix A How do family plans work?

When you subscribe to a family plan, you have the option to add participants, usually family members, to your membership. Adding these participants and taking ownership of their account make it possible for you to manage their health record and appointments all from your own patient portal. Family plan subscription fees are always charged to the owner of the plan.

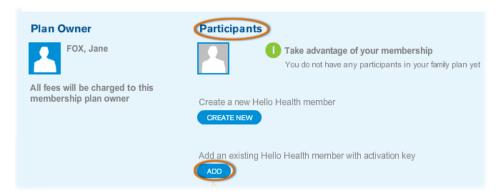
#### Add a participant to your family plan

When you are subscribed to a family plan, you can add a participant who already has an account on the Patient Portal.

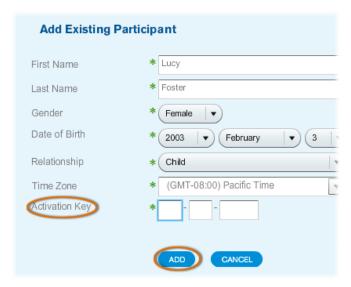
Click the *plus sign* on the carousel to add an existing patient as your participant. You are directed to the *Memberships* section. Your family plan is represented by a *multi-user* icon. The *number of participants* (including you, the owner) allowed for this plan is indicated next to the plan icon:



• In the *Participants* section of your family plan, click the *Add* button:



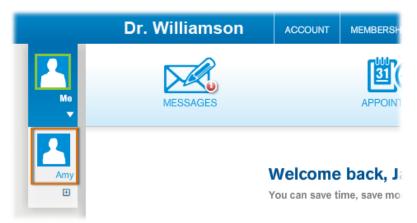
Complete the form that is displayed. You must enter the participant's
 Activation Key as a security measure, to validate that you are entering the correct patient info. Click the Add button to add the participant to your family plan:



#### Delegate management

Parents/legal guardians who add participants to their family plan are granted automatic delegate access (shared account) to the participant account if the participant is a minor between the ages of 0 and 11. That way, parents are able to access their children's health information and manage their accounts.

- Only the provider or the provider's staff can authorize delegate access to plan owners for participants who are 12 years or older.
  - When a participant is delegated to you, he/she is added to your carousel, so you can perform account and health record modifications for this person, schedule appointments for him/her, exchange with their provider, etc.



Click the participant's name to manage his/her account. The participant's avatar is now positioned on top of the carousel, indicating that you are in his/her account. You can also see a green balloon at the top of the screen to that effect:

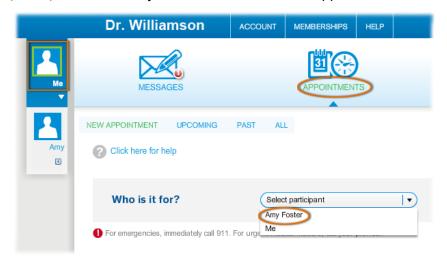


- Once your participant is selected in the carousel, you can edit the account information, access the health record, exchange secure messages, book appointments and perform other actions on his/her behalf;
- A participant on your family plan is still able to activate his/her account using the activation key and can then log in to the Patient Portal. Once a participant chooses to activate his/her account, the delegate role is removed from the family plan owner. You can then no longer manage his/her account through the carousel.

#### Schedule an appointment for your participant

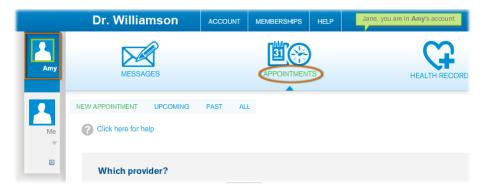
There are two different ways to proceed when you want to book an appointment for one of your family plan participants for whom you have delegate access. Either way you schedule them, all appointment fees (if applicable) are charged to your account, as the owner.

- 1- First, you can choose to book an appointment for one of your participants by going through the regular process:
  - Select yourself in the carousel (selected by default);
  - In the *Appointments* section, in the *Who is it for?* menu, select the *participant* for whom you want to schedule the appointment.



Then, enter the rest of the information to book the appointment for your participant.

- 2- The second option is to select the participant for whom you want to schedule the visit before clicking the *Appointments* section:
  - Select *your participant* in the carousel;
  - In the *Appointments* section, schedule the appointment by entering the info as you would if you were making an appointment for yourself.



Please contact info@portalconnect.net for any questions you may have about the Patient Portal.