



To our MDVIP member,

Thank you for scheduling your pre-wellness exam with us. Please plan on your exam taking anywhere from 60 to 90 minutes. We ask that you fast for a minimum of eight hours before your appointment and drink plenty of water so that you are well hydrated. You may have black tea or coffee, but no creamer or sweeteners, and no diet drinks. We will require a urine sample at this visit so come prepared to leave a sample. If you are on any medications take them as usual.

If you have not completed your Health Assessment in the MDVIP portal, please do so prior to your appointment. If you are requiring any assistance with setting up your login information or filling out your Health Assessment please give the office a call and we will be more than willing to assist you. You can reach us at Ph# 801.666.6650.

I look forward to seeing you for your pre-wellness exam.

Celeste Duke CMA, NCPT



9355 S. 1300 E. SANDY, UT 84094 PH# 801.666.6650 F# 801.572.3106