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Meet Dr. James S. Ashford

Dr. James Ashford is a board-certified Anesthesiologist and Pain Management Physician.
Fellowship Trained, Pain - University of Florida, Gainesville / Medical School - Medical College of Georgia, Augusta
Anesthesiology Residency - Jackson Memorial Hospital, Miami

Conditions We Treat

- Achilles Tendinitis
- Acute Headaches
- Arthritis
- Back Pain
- Bulging Disc
- Cancer Pain
- Carpal Tunnel Syndrome
- Chronic Pain
- Complex Regional Pain Syndrome
- Degenerative Disc Disease
- Diabetic Peripheral Neuropathy
- Extruded Discs
- Face Pain
- Fibromyalgia
- Foot Pain
- Hammer Toe
- Headaches
- Heel Spur
- Hip and Leg Pain
- Joint Pain
- Knee Pain
- Low Back Pain
- Migraine Headaches
- Motor Vehicle Injuries
- Neck Pain
- Osteoarthritis
- Pelvic Pain
- Phantom Limb Pain
- Piriformis Syndrome
- Plantar Fasciitis
- Post Herpetic Neuralgia
- Post Laminectomy Syndrome
- Prolapsed Disc
- Reflex Sympathetic Dystrophy
- Rotator Cuff Tear
- Sacroiliac Joint Pain
- Sciatica
- Scoliosis
- Shingles
- Shoulder Pain
- Spinal Stenosis
- Tension Headaches
- Testicular Pain
- Trigeminal Neuralgia
- Upper Back Pain
- Vertebral Body Fractures
- Vertebral Compression Fractures
- Whiplash Pain

Treatments

Spinal Cord Stimulator Procedure and Permanent Implantation
Vertebral Augmentation/Kyphoplasty
Lumbar Sympathetic Block

Epidural Steroid Injections

Medial Branch Nerve Blocks for Neck, Mid and Lower Back Pain
Radiofrequency Treatment of the Medial Branch Nerves
Sacroiliac Joint Steroid Injection
Trigger Point Injections

Additional Services

Massage Therapy
Acupuncture
Group Therapy

Date: _____

Patient Name: _____

Phone: _____

Insurance: Yes No

Referring Physician: _____

Practice Phone Number: _____

Reason for Referral:

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ASHFORD PAIN SOLUTIONS