

Donna Johnston, MD

Pre-Treatment Platelet Rich Plasma (PRP)

- Notify physician/provider if you are on anything that thins your blood: aspirin, high dose fish oil, high dose garlic, prescription blood thinners.
- Notify physician/provider if you have a history of cold sores/herpes; consider taking rx antiviral
- Discuss with physician/provider if any anesthesia is going to be needed and get rx if needed.
- Discuss with physician/provider if any sedative or pain medicine will be needed before treatment; office visit for getting an RX if needed.
- Review the consent form and ask any questions you have about the procedure.
- Be sure to come WELL HYDRATED and possibly use a warm compress over your vein to make blood draw easier.