

**INTERNAL MEDICINE & FAMILY PRACTICE, SC**

**PATIENT SELF HISTORY**

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

BIRTHDATE: \_\_\_\_\_ REASON FOR VISIT \_\_\_\_\_

**SURGICAL PROCEDURES**

YEAR	PROCEDURE	FACILITY/PHYSICIAN

**MEDICAL HISTORY**

(CIRCLE ALL PAST OR PRESENT PROBLEMS OR SYMPTOMS)

- ANEMIA
- ARTHRITIS
- ASTHMA
- CANCER
- DIABETES 1 OR 2
- HIV
- GOUT
- LIVER DISEASE
- LUNG DISEASE
- HEARING LOSS
- VISUAL LOSS
- HEART ATTACK
- HEART DISEASE
- CHEST PAIN
- HIGH BLOOD PRESSURE
- KIDNEY DISEASE
- PROSTATE DISEASE
- URINARY INCONTINENCE
- DIFFICULTY URINATING
- THYROID DISEASE
- GLAUCOMA
- SHORTNESS OF BREATH
- ULCERS
- GASTROINTESTINAL BLEED
- ANY OTHER BLEEDING
- EASY BRUISABILITY
- PSYCHIATRIC PROBLEMS
- SEIZURE
- STROKE
- TUBERCULOSIS
- SEXUALLY TRANSMITTED DISEASE
- OTHER: \_\_\_\_\_
- DRUG/ALCOHOL ABUSE
- CURRENTLY: IN RECOVERY OR ACTIVE**

**MEN only**

- ABNORMAL PENILE DISCHARGE
- BREAST LUMP
- ERECTION DIFFICULTIES
- LUMP IN TESTICALS
- SORE ON PENIS

**WOMEN only**

- ABNORMAL VAGINAL DISCHARGE
- BREAST LUMP/PAIN
- ABNORMAL PAP SMEAR
- EXTREME MENSTRUAL PAIN
- HOT FLASHES
- NIPPLE DISCHARGE
- FIBROIDS

## INTERNAL MEDICINE & FAMILY PRACTICE, SC

NAME (print): \_\_\_\_\_

DOB: \_\_\_\_\_

ALLERGIES (FOOD & DRUG) OR N/A

REACTION/SEVERITY OR N/A

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### SOCIAL HISOTRY

TOBACCO USE? YES    NO	YEAR STARTED/ENDED?	TYPE?
ALCOHOL USE? YES    NO	YEAR STARTED/ENDED?	HOW MUCH?
DO YOU USE RECREATIONAL DRUGS? YES    NO	HOW OFTEN?	WHAT KIND?

### FAMILY HISTORY

Father, Mother, Siblings, Grandparents, Aunts & Uncles – If adopted mark as unknown

DISEASE	RELATIONSHIP TO YOU	RELATIONSHIP TO YOU	RELATIONSHIP TO YOU	RELATIONSHIP TO YOU
ARTHRITIS, GOUT				
ASTHMA HAY FEVER				
CANCER				
DEPRESSIVE DISORDER				
DIABETES				
HEART DISEASE STROKE				
KIDNEY DISEASE				
TUBERCULOSIS				

### GENERAL QUESTIONS:

ANY EXPOSURE TO HAZARDOUS SUBSTANCES, DUST, FUMES, SMOKE, AND/OR NOISE? \_\_\_\_\_

DO YOU WATCH YOUR DIET OR FOLLOW STRICT DIETARY GUIDELINES? \_\_\_\_\_

DO YOU EXERCISE REGULARLY? Y / N    TIMES PER WEEK FOR \_\_\_\_\_ HOURS/MINUTES.

DO YOU TAKE ANY NON-PRESCRIPTION MEDICATIONS, HEALTH FOODS, AND/OR VITAMINS? Y / N

PLEASE LIST: \_\_\_\_\_

\_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DOB: \_\_\_\_\_