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PATIENT INSTRUCTIONS FOR UNDERGOING CAPSULE ENDOSCOPY

Please have our physician review your medications with you prior to the test.

**Please inform the staff:*

If you have a cardiac pacemaker

If you have constipation

If you are diabetic

If you take narcotic pain medication

Purchase prior to procedure:

64 oz of Gatorade (no red or purple)

One bottle of Miralax (8.3 oz)

One bottle of infant gas relief drops.

Start a clear liquid diet from noon the day prior to the test.

At 6 PM the evening prior to the test, drink 64 oz of Gatorade mixed with one bottle of Miralax (8.3 oz.).

At bedtime the evening prior to the test, take two doses of the Mylicon (one dropper of 0.6ml twice) in 6 oz of water. You can continue clear liquids until midnight the night before the test.

DAY OF EXAM:

Wear loose fitting clothing and a thin t-shirt as well as a shirt that opens in the front.

Do not take any medication two hours prior to the examination

Bring the Mylicon gas relief medication with you. (This eliminates normal bubbles noted on examination, not because of gas used for procedure).

PROCEDURE DATE_____. PROCEDURE TIME_____.

**Information must be discussed with Dr. Molinas prior to booking*