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FLEXIBLE SIGMOIDOSCOPY PREPARATION

You will need to purchase TWO Fleet's enemas from the pharmacy.

No eating or drinking (not even water) two (2) hours before your scheduled procedure time. **If you take heart or blood pressure medication, please take your medication early in the morning before your procedure with a small sip of as well as take your inhaler at your normally scheduled time.*

STOP PRADAXA FIVE (5) DAYS PRIOR TO PROCEDURE.

STOP EFFIENT SEVEN (7) DAYS PRIOR TO PROCEDURE.

No aspirin or aspirin containing products five days before procedure.

Please bring your medication list with you!

Your last meal before taking the enema should be a light meal.

TWO HOURS BEFORE YOUR SCHEDULED PROCEDURE TIME

- Take one enema
- No eating or drinking until after procedure

ONE HOUR BEFORE YOUR SCHEDULED PROCEDURE TIME

- Take the second enema.