Colonoscopy preparation using EZ2go Kit

Your colonoscopy procedure is scheduled in our office on ___________ ARRIVE AT ______.

For your EZ2go colonoscopy preparation, (1) EZ2go Colon Prep Kit can be purchased here. For your care/comfort, you may purchase at your pharmacy: Tucks Wipes and/or Vaseline Petroleum Jelly.

AVOID aspirin/aspirin products, Advil/Motrin/Aleve/Ibuprofen, Vitamin E (multi-vitamins w/E), fish oil, flaxseed oil or foods with SEEDS for 5-7 days prior to procedure. (Tylenol and acetaminophen products are ok.)

**YOU must consult your prescribing physician about stopping: Coumadin, Plavix, Pradaxa, Eliquis, or Xarelto, prior to a procedure if you take these medications or a generic equivalent.

**YOU must consult your prescribing physician about diabetic medication and insulin dosages prior to a procedure if you are a diabetic.

YOU MUST HAVE SOMEONE TO DRIVE YOU HOME THE DAY OF A PROCEDURE. NO DRIVING THE REST OF THE DAY; ADULT SUPERVISION FOR 12-24 HOURS AFTER THE PROCEDURE.

The day before the procedure:

For breakfast, lunch and dinner (until midnight). ***CLEAR LIQUIDS ONLY***. This includes: Broth, tea, coffee(without milk), Gatorade, Crystal Lite, ice pops, apple juice, white grape juice, white cranberry juice, tap or bottled water, yellow or green Jell-o. It is important to drink broth for salt intake and juice for the sugar intake. No carbonated beverages. Avoid items with artificial red dye.

[ ] EZ2GO BOWEL PREP

(BISACODYL/TAN, MiraLAX or POLYETHYLENE GLYCOL/GREEN, MAGNESIUM CITRATE/RED and SIMETHICON(chewable tab)/GOLD)

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Take all four tablets in one TAN packet (bisacodyl) with 8oz of clear liquid.

Mix well, one GREEN packet with 10oz (1¼ c) cold water, drink completely.

Mix well, one GREEN packet with 10oz (1¼ c) cold water, drink completely.

Gently sprinkle, while briskly stirring, one RED packet into 10oz (1¼ c) WARM liquid (apple juice/water). Drink immediately. **(It will clump if you dump it into the liquid.)**

Take the tablet in GOLD packet AND only two tablets in TAN packet with 8oz of clear liquid.

Mix well, one GREEN packet with 10oz (1¼ c) cold water, drink completely.

Mix well, one GREEN packet with 10oz (1¼ c) cold water, drink completely.

Gently sprinkle, while briskly stirring, one RED packet into 10oz (1¼ c) WARM liquid (apple juice/water). Drink immediately. **(It will clump if you dump it into the liquid.)**

Take the two remaining tablets in TAN packet (bisacodyl) with 8oz of clear liquid.

*If nausea occurs, you may increase the interval (by 5-10 minutes) before the next dose(s).

NOTHING TO EAT OR DRINK (HOLD ALL MEDS) AFTER MIDNIGHT, NOTHING UNTIL AFTER PROCEDURE.

[ ] If indicated, you may have ***CLEAR LIQUIDS ONLY*** until 4 hours before your arrival time.

6/24/19 PREPEZ2GO4bizat1or4pm dh